

# Digital Proficiency Courses

**Building Digital Resilience and Confidence to Stay Safer Online**



## What are Digital Proficiency Courses?

The Digital Proficiency courses provide an accessible way for pupils, parents/carers and professionals to gain the knowledge and build the confidence needed to navigate the online world safely and responsibly. They have been developed by online safety experts at INEQE Safeguarding Group incorporating Safer Schools.

Through our Mobile and Web App, users complete short video-based courses led by presenters who guide them through key aspects of online life and use relatable examples. Each course culminates in a class quiz (young children) and a proficiency test (for everyone else), ensuring knowledge has been absorbed. Topics covered include age restrictions, grooming, online bullying and artificial intelligence.

Each course is based upon the five C's of online risk: **Cyber Security, Content, Contact, Conduct and Commerce.**



## Aims of the Courses

- **Provide** a practical foundation of online safety knowledge that educates every child, staff member, and parent/carer.
- **Empower** every school with a user-friendly, credible and measurable way to promote online safety and resilience.
- **Create** a shared language and understanding of online safety across classrooms and homes.

## Age-Appropriate Content

Each course has been tailored and curated with topics, practical examples and language to ensure learning is relevant and relatable for every participant.

All courses are fully accessible with audio and visual elements to aid learning.



Lower Primary



Upper Primary



Lower Post-Primary



Upper Post-Primary



Primary  
SEN/SEND/ASN



Post-Primary  
SEN/SEND/ASN



Parents and Carers



Professionals

## Why Proficiency Matters

Digital proficiency is essential across the school community; for parents, carers, professionals, and pupils to navigate the online world safely, allowing them to benefit from its opportunities while mitigating its risks. These foundational education courses plant seeds of safety from the youngest users to those who care for them.

This includes, knowing what to do, how to act responsibly, and where to seek appropriate help and guidance online and offline.



## Certificates and Digital Badges

Every participant will receive a personal Digital Proficiency Certificate recognising their achievement. Lower primary classes will achieve a whole-class certificate.

Schools who can demonstrate whole-school participation (staff, parents /carers and pupils) will be awarded a digital 'Certified Safer School' badge to display on their school website, printed material and in school.



\*For Illustrative Purposes



## Launch Dates and School Participation

Ahead of Safer Internet Day 2026, schools can register their commitment to participate and plan to complete the courses throughout February 2026. The official launch, including access to the courses, is expected to take place on **Thursday 5th February 2026**, with courses open for a limited time.



## What Support Will Your School Receive?

**Before the Course:** You'll receive supporting resources including crib sheets and introductory guides on delivery, graphics to advertise your participation and communication templates for your school community.

### During the Course

Reminders on course open and closure, and your school results and certificates as they happen via your school Management Portal.

### After the Course

Website, email and social graphics to promote your school's proficient status and a complete picture of your school's level of online safety proficiency via your Safer Schools Web Management Portal.

## Talk To Us

**Call** +44 (028) 9600 5777  
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**Live Chat** [oursaferschools.co.uk](http://oursaferschools.co.uk)



Can we count you in?  
[oursaferschools.co.uk/digitalproficiency](http://oursaferschools.co.uk/digitalproficiency)